



Recommended Cleaning Products

Unless a store is indicated, these brands are available at most Safeway, Sobeys, Canadian Tire, and Save-on-Foods. The selection may not be large, but it has been steadily increasing over the years. These are the brands that are truly environmentally friendly and healthy for you as well.

Kitchen Brands:

NatureClean

Attitude

Cucina (available at Fruits and Passion) Incredible counter cleaner!

Simply Clean

Method

Green/Vert (available at Superstore)

Bathroom Brands:

NatureClean

Attitude (also available at Planet Organic)

Simply Clean

Method

Eco Mist

Green/Vert (available at Superstore)

All Purpose Brands:

NatureClean

Method

Simply Clean

Eco Mist

Good Old Vinegar

Green/Vert (available at Superstore)

Laundry Brands:

ECOS (available at Costco)

Simply Clean

NatureClean

Attitude

Green/Vert (available at Superstore)

Shampoo/Body Wash:

Abba (green apple and various hair salons)

NatureClean

Live Clean (shoppers Drugmart, Superstore)

LUSH Products (available at *LUSH*)

Rocky Mountain Soap Products (available at Rocky Mountain Soap and many gift shops)

There are many more products available which may be acceptable, just remember to look at the ingredients and generally if you know what they are then the product is safe. A few ingredients to stay away from are.....

- formaldehyde
- phosphates
- silica
- NTA (nitrilotriacetic acid),
- NPE (nonylphenol ethoxylate)
- ethylene glycol
- chlorine
- EDTA (ethylenediaminetetraacetic acid)
- Sodium laureth sulfate(SLES)/Sodium laurel sulfate (SLS)